

DOLLY A. GARNECKI, B.A., D.C.

Curriculum Vitae

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EDUCATION

D.C. (magna cum laude)--Palmer College of Chiropractic Florida (PCCF), Port Orange, FL 2004 - 2007
B.A., Psychology--University of Texas at Austin, College of Liberal Arts, Austin, TX 1996 - 1999
High School Diploma (with Honors)--Texas Academy of Mathematics & Science, Denton, TX 1994 - 1996

CLINICAL TRAINING

Preceptorship--St. Cloud Chiropractic Clinic; St. Cloud, MN 2007
Internship--PCCF Campus Health Center, Outreach, & Outpatient Clinics; Port Orange, FL 2006 - 2007
Internship--Chiropractic Clinic, Number 1 Hospital; Zigong, Sichuan, China 2006
Internship--Celebration Family Chiropractic; Celebration, FL 2005 - 2006
Internship--Yachter Family Chiropractic; Lake Mary, FL 2005 - 2006

PROFESSIONAL APPOINTMENTS & EXPERIENCE

Co-Founder/Co-Coordinator Blogville Conference 2011
Adjunct Faculty, Post-Graduate Continuing Education—Life University 2010
Co-Founder/Co-Chairwoman—Cville Sheblogs 2009 - present
Founder/President/Clinic Director—Spinal Health & Wellness LLC 2008 - present
Associate Director of New Doctor Support—CLEAR Institute, Board of Advisors 2009
Director of Student Recruitment and Scoliosis Mentorship Programs—CLEAR Institute 2007 - 2008
Founder/President—PCCF Scoliosis Mentorship Program 2005 - 2006
Secretary—PCCF Teach the World About Chiropractic Club 2005 - 2006
Secretary/Technique Instructor—PCCF Pettibon Club 2004 - 2006
Treasurer—PCCF Upper Cervical Club 2004 - 2005
Commissioned Officer (2d Lieutenant, 1st Lieutenant, Captain)--United States Air Force 1999 - 2004

LICENSURE & CERTIFICATION

American Red Cross CPR/AED for the Professional Rescuer -- 12/20/2010 - 12/20/2012
Chiropractic Licensure—Pennsylvania, Virginia
National Board of Chiropractic Examiners—Parts I, II, III, IV & PT successfully completed

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TEACHING APPOINTMENTS

Teaching doctor on scoliosis at Xin-Hua Hospital, Department of Spinal Rehabilitation	2011
Adjunct Faculty, Post-Graduate Continuing Education—Life University	2010
Clinical Teaching Assistant—PCCF CHC, Outreach, & Outpatient Clinics	2007
Teaching Assistant—PCCF Quarter 7 Active Care Lab	2006

INVITATIONS TO SPEAK

Health & Wellness panelist and speaker at the Charlottesville Area Chamber of Commerce Business Women's Round Table's annual Quadruplicity Conference on February 9, 2012.

Featured speaker on "Harnessing Social Media for Brand Marketing and Patient Retention" at the Unified Virginia Chiropractic Association's fall convention on October 14, 2011 in Williamsburg, Virginia.

Lectured on "Scoliosis Rehabilitation" at an international spinal conference: "Latest Diagnosis and Rehabilitation Technologies of Spinal and Related Diseases" at Xin-Hua Hospital affiliated with Shanghai Jiao Tong University School of Medicine on June 26, 2011 in Shanghai, China. Invited to teach doctors and physiotherapists scoliosis rehabilitation exercises at the Xin-Hua Hospital Department of Pediatric Spinal Rehabilitation June 28 - July 2, 2011.

Featured speaker on "Scoliosis Treatment and Detection" at the Unified Virginia Chiropractic Association's spring convention in Charlottesville, Virginia on May 14, 2010.

See addenda for continued and detailed bibliography.

AWARDS & ACCOMPLISHMENTS

- ✓ Awarded John Stoke Award for Outstanding Journalism by the Unified Virginia Chiropractic Association . (2012)
- ✓ Spinal Health & Wellness LLC received the SCORE Foundation national award for Outstanding Veteran-Owned Business for 2011 out of thousands of applicants.
- ✓ Awarded the first C'Ville Entremom of the Year by a panel of local businesswomen for passion surrounding her work and dedication to both family and the Charlottesville community. (2010)
- ✓ Awarded Gold in the Charlottesville Welcome Favorites for Chiropractor in 2012; Silver Award in the Charlottesville Welcome Book Favorites for Chiropractor in 2011; awarded 2nd place in the Daily Progress Reader's Choice Awards for Favorite Chiropractor for 2010; Bronze Award in Albemarle Family Magazine's Favorites for 2009 for Favorite Chiropractor.
- ✓ Founded Spinal Health & Wellness LLC, a chiropractic and spinal rehabilitation health care practice offering non-invasive treatment options for scoliosis. (2008)

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- ✓ Founder and Senior Editor of *Traveling with Baby*, a blog on healthy and intentional parenting for mod moms--to help women navigate the joys and challenges of early motherhood. (2007 – present)
- ✓ Founded Scoliosis Mentorship Program, an innovative community service student organization to mentor patients with scoliosis increasing patient compliance; efforts led to four nationally-accredited chiropractic colleges to implement this revolutionary new program. (2005 - 2007)
- ✓ Organized and co-led a seven-person team on a chiropractic humanitarian visit where health talks and screenings for over 800 people were conducted in Zigong, Sichuan, and Beijing, China. (2006)
- ✓ Hand-selected for the Palmera Kabana Memorial Scholarship, the John & Marion Staples Memorial Scholarship, and the Elmer Ferguson Memorial Scholarship. (2006 - 2007)
- ✓ Recipient of Air Force Commendation Medal, Air Force Achievement Medal, Aerial Achievement Medal, Air Medal, Armed Forces Expeditionary Medal, Air Force Outstanding Unit Award with Valor with 4 Oak Leaf Clusters, Air Force Longevity Service Award, and National Defense Service Medal. (1999 - 2004)
- ✓ Awarded Squadron Electronic Combat Officer of the Year and nominated for Operations Group Electronic Combat Officer of the Year. (2003)

PUBLICATIONS

Author or co-author of 27 published articles, and contributor to 4 books. See addenda for detailed bibliography.

AFFILIATIONS

American Chiropractic Association, Member	(2006 - present)
American Pregnancy Association, Member	(2008 - present)
Charlottesville Regional Chamber of Commerce, Member	(2008 - 2009, 2011)
Cville Sheblogs, Co-Founder, Co-Chairwoman, Member	(2009 - 2011)
Florida Chiropractic Association, Student Member	(2004 - 2007)
Florida Chiropractic Society, Student Member	(2005 - 2007)
International Chiropractic Association, Member	(2004 - 2009)
International Chiropractic Pediatrics Association, Member	(2009 - 2010)
National Strength and Conditioning Association, Member	(2007 - 2008)
Pennsylvania Chiropractic Association, Member	(2007 - 2008)
Unified Virginia Chiropractic Association, Member	(2009 - present)
Sigma Xi Scientific Research Society, Member	(1997 - 1999)

